

WAIVER AND RELEASE OF CLAIMS

NAME OF THE MEET DATES AND LOCATION

I (or I on behalf of my child) on behalf of myself, my heirs, executors, administrators, and assigns, (or my child's heirs, executors, administrators and assigns), hereby irrevocably waive, release and fully discharge the International Powerlifting Association (IPA) and **YOUR COMPANY NAME**, their respective officers, directors, employees, agents, and shareholders, of and from any and all rights, claims, demands, expenses, costs, lawsuits, and causes of action (including, but not limited to, consequential damages) due to or arising from any accident, injury, damage or loss directly, indirectly or in any way associated with my participation of myself (or any participating child of mine under the age of 21 years) in the Powerlifting competition sponsored by **YOUR COMPANY NAME**.

I represent that I know of no medical reason or condition that would impair my ability (or my child's ability) to participate in this event, and I hereby assume any and all risk of accidental, medical injury or consequential damages resulting to me from my participation (or resulting to my child from his/her participation). I acknowledge, understand and accept the inherent risks of Powerlifting competition.

I fully understand that if I enter the Am (drug tested) divisions, I may be selected to take a urinalysis test. If this test is found positive for anabolic steroids I (the signed applicant) will pay for the cost of this test. If the test is found to be negative, the test will be paid by the IPA. I also consent and agree that if I enter the Elite Am (mandatory testing) division, I will take a urinalysis test at my (the signed applicant's) expense. By signing this release from liability, I irrevocably waive all rights, claims, demands, lawsuits and causes of action against everyone connected with this contest with regard to the result of any drug test. **I have read the above release, understand its meaning and consequences, and intend to be legally bound by its terms and have signed this release freely and voluntarily. If signing on behalf of a child under the age of 21, I acknowledge that I as the legal guardian of such child and able to provide, on their behalf, the waivers and releases contained in this document.**

Signature (in full) of applicant

Date

Signature (in full) of parent or guardian if applicant
is under 21 years of age.

Date

Print name of applicant under 21 years of age