



IPA DIVISIONS AND CLASSIFICATION TOTALS

The International Powerlifting Association (IPA) is an organization established as a "Lifters for Lifters" organization with three divisions available for both equipped and Raw lifters - Professional (Pro), Elite Amateur and Amateur (Am). Qualification for these divisions is as follows:

Pro Division: Anyone who totals **Professional (Pro)** is entered into this division. Standard rules apply. The division is open to anyone who wants to enter as a Professional, no matter what he or she totals. There is no drug testing in this division. The *Pro Division* has its own world records. Records will be kept in the Men, Women, Junior, Open, Submaster, Raw, and Master Divisions only. There is no Teenage or a Special Olympian Division in the *Pro Division*.

Amateur (Am) Division: This division is a very strict drug-free division. Any lifter under suspicion of drug use will be required to have a urinalysis test (same standards as the U.S. Olympic Committee). If the test is negative, the meet director will absorb the cost of the drug test. If the test results are positive, the lifter will be responsible for all expenses associated with the drug test, and all of the lifter's records and accomplishments to date will be considered disqualified. A lifter testing positive will be permanently banned from lifting in the *Am Division*. ***If the lifter enters the Am Division and totals a Pro total, the lifter will be classified as an Amateur in the meet he/she totals Pro, but must compete in the Pro division in any subsequent IPA meets.*** The *Amateur Division* has its own elite and world records. *Amateur* records will be kept in the Men, Women, Teen (14-15, 16-17, 18-19), Junior (20-23), Open, Submaster, Raw, Master, Police, and Special Olympian Divisions.

Elite Amateur Division: This division is considered Amateur in that it is a completely drug free division. To qualify, the lifter must have a Pro total. Every athlete is tested by method of urinalysis, and the lifter pays for his/her own drug test.

Raw Lifting: This division requires the lifters use no equipment except for wrist wraps and a belt. One-piece non-supportive singlet is required.

IPA PROFESSIONAL CLASSIFICATION TOTALS (EQUIPPED AND RAW)

MEN'S DIVISIONS

PROFESSIONAL & ELITE AMATEUR

<i>Weight Class</i>	<i>Equipped</i>		<i>Unequipped</i>	
	PRO	M*	RAW PRO	RAW M*
114	1085	976	904	850
123	1210	1089	984	904
132	1300	1170	1059	974
148	1450	1305	1185	1087
165	1580	1422	1298	1190
181	1692	1523	1396	1279
198	1780	1602	1471	1354
220	1875	1687	1551	1476
242	1940	1746	1607	1497
275	2000	1800	1654	1518
308	2040	1836	1728	1594
SHW	2085	1876	1748	1614

WOMEN'S DIVISIONS

PROFESSIONAL & ELITE AMATEUR

<i>Weight Class</i>	<i>Equipped</i>		<i>Unequipped</i>	
	PRO	M*	RAW PRO	RAW M*
97	680	612	543	491
105	732	659	581	529
114	790	711	623	567
123	857	771	665	604
132	895	805	703	637
148	953	858	773	702
165	1027	924	853	759
181	1192	1073	895	815
198	1149	1034	960	871
198+ (SHW)	1260	1134	1012	918

*M - Master