

2024 IPA CINCINNATI WOMEN'S PRO/AM

April 13, 2024
Hamilton, Ohio

NAME	IPA AMATEUR (Drug Tested)	EVENT	DIVISION	SUB-DIVISION(S)	WEIGHT CLASS	BODYWEIGHT	COEFFICIENT	SQUAT	BENCH	DEADLIFT	TOTAL
IPA AMATEUR (Drug Tested) CLASSIC RAW											
Bench Only 165 (75 kg) OPEN:											
Baylee Meyer	IPA AMATEUR (Drug Tested)	Bench Only	Classic Raw	Open	165 (75 kg)	153	0.882	0	95	0	95
IPA AMATEUR (Drug Tested) CLASSIC RAW											
Bench Only 308 (140 kg) Masters 55-59:											
Kris Fitz	IPA AMATEUR (Drug Tested)	Bench Only	Classic Raw	Masters (55-59)	308 (140 kg)	281.9	0.668	0	115	0	115
IPA AMATEUR (Drug Tested) CLASSIC RAW											
Push/Pull 148 (67.5 kg) Masters 65+:											
Pamela Yagiela	IPA AMATEUR (Drug Tested)	Push/Pull	Classic Raw	Masters (70-74)	148 (67.5 kg)	146.89	0.909	0	65	240	305
IPA AMATEUR (Drug Tested) CLASSIC RAW											
Full Power 123 OPEN:											
Kirsten Lipscomb	IPA AMATEUR (Drug Tested)	Full Power	Classic Raw	Open	123 (56 kg)	122.89	1.048	260	125	275	660
IPA AMATEUR (Drug Tested) CLASSIC RAW											
Full Power 132 OPEN:											
Bianna Dillow	IPA AMATEUR (Drug Tested)	Full Power	Classic Raw	Open	132 (60 kg)	129.79	1.003	250	95	300	645
Kendall Niehaus	IPA AMATEUR (Drug Tested)	Full Power	Classic Raw	Open, Teenage (13 - 19)	132 (60 kg)	131.9	0.99	225	115	225	565

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Full Power 165 OPEN:											
IPA AMATEUR (Drug Tested) CLASSIC RAW											
Brooke Weininger	IPA AMATEUR (Drug Tested)	Full Power	Classic Raw	Open	165 (75 kg)	157.8	0.863	330	210	360	900
Full Power 181 OPEN:											
IPA AMATEUR (Drug Tested) CLASSIC RAW											
Bailey Pieniazek	IPA AMATEUR (Drug Tested)	Full Power	Classic Raw	Open	181 (82.5 kg)	175.2	0.805	260	175	330	765
Full Power 198 OPEN:											
IPA AMATEUR (Drug Tested) CLASSIC RAW											
Nicole Walters	IPA AMATEUR (Drug Tested)	Full Power	Classic Raw	Open	198 (90 kg)	197.43	0.749	425	200	425	1050
Marquita Snow Whiten	IPA AMATEUR (Drug Tested)	Full Power	Classic Raw	Open, Masters (40-44)	198 (90 kg)	197	0.75	295	215	395	905
Abby Cross	IPA AMATEUR (Drug Tested)	Full Power	Classic Raw	Open	198 (90 kg)	190.55	0.765	285	170	315	770
Emily Shultz	IPA AMATEUR (Drug Tested)	Full Power	Classic Raw	Open	198 (90 kg)	187.69	0.772	255	125	265	645
Full Power 220 OPEN:											
IPA AMATEUR (Drug Tested) CLASSIC RAW											
Taylor Lafferty	IPA AMATEUR (Drug Tested)	Full Power	Classic Raw	Open, Junior (20-23)	220 (100 kg)	219.29	0.717	325	180	420	925
Jonah Juarez	IPA AMATEUR (Drug Tested)	Full Power	Classic Raw	Open	220 (100 kg)	216.85	0.72	355	170	340	865
Alex Barba-Cook	IPA AMATEUR (Drug Tested)	Full Power	Classic Raw	Open	220 (100 kg)	216.8	0.72	280	135	300	715

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Full Power 242 OPEN: IPA AMATEUR (Drug Tested) CLASSIC RAW											
Cherish Crawford	IPA AMATEUR (Drug Tested)	Full Power	Classic Raw	Open	242 (110 kg)	235.3	0.699	475	250	430	1155
Katie Andes	IPA AMATEUR (Drug Tested)	Full Power	Classic Raw	Open, Masters (40-44)	242 (110 kg)	239.5	0.694	365	220	395	980
April Blevins	IPA AMATEUR (Drug Tested)	Full Power	Classic Raw	Open, Masters (40-44)	242 (110 kg)	238.6	0.695	325	190	385	900
Jae Rockwell	IPA AMATEUR (Drug Tested)	Full Power	Classic Raw	Open, Masters (40-44)	242 (110 kg)	240.14	0.694	305	170	385	860
Lindsey Little	IPA AMATEUR (Drug Tested)	Full Power	Classic Raw	Open, Sub Master (33-39)	242 (110 kg)	230.6	0.704	190	120	290	600
Full Power 308 OPEN: IPA AMATEUR (Drug Tested) CLASSIC RAW											
Megan Wood	IPA AMATEUR (Drug Tested)	Full Power	Classic Raw	Open	308 (140 kg)	294.14	0.662	415	215	335	965
Full Power 132 TEENAGE IPA AMATEUR (Drug Tested) CLASSIC RAW											
Kendall Niehaus	IPA AMATEUR (Drug Tested)	Full Power	Classic Raw	Open, Teenage (14-15)	132 (60 kg)	131.9	0.99	225	115	225	565
Macy Fitzwater	IPA AMATEUR (Drug Tested)	Full Power	Classic Raw	Teenage (18 -19)	132 (60 kg)	129.02	1.008	170	110	185	465
Full Power 181 TEENAGE IPA AMATEUR (Drug Tested) CLASSIC RAW											
Sherrie Simoneau	IPA AMATEUR (Drug Tested)	Full Power	Classic Raw	Teenage (16-17)	181 (82.5 kg)	179.6	0.793	400	180	400	980

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Full Power 242 TEENAGE											
IPA AMATEUR (Drug Tested) CLASSIC RAW											
Makenzy Canham	IPA AMATEUR (Drug Tested)	Full Power	Classic Raw	Teenage (14-15)	242 (110 kg)	234.54	0.699	380	165	380	925
Full Power 220 JUNIOR:											
IPA AMATEUR (Drug Tested) CLASSIC RAW											
Taylor Lafferty	IPA AMATEUR (Drug Tested)	Full Power	Classic Raw	Open, Junior (20-23)	220 (100 kg)	219.29	0.717	325	180	420	925
Full Power 242 Submasters 33-39:											
IPA AMATEUR (Drug Tested) CLASSIC RAW											
Lindsey Little	IPA AMATEUR (Drug Tested)	Full Power	Classic Raw	Open, Sub Master (33-39)	242 (110 kg)	230.6	0.704	190	120	290	600
Full Power 148 Masters 40-44:											
IPA AMATEUR (Drug Tested) CLASSIC RAW											
Stephanie Marsh	IPA AMATEUR (Drug Tested)	Full Power	Classic Raw	Masters (40-44)	148 (67.5 kg)	146.83	0.909	255	155	345	755
Full Power 198 Masters 40-44:											
IPA AMATEUR (Drug Tested) CLASSIC RAW											
Marquita Snow Whiten	IPA AMATEUR (Drug Tested)	Full Power	Classic Raw	Open, Masters (40-44)	198 (90 kg)	197	0.75	295	215	395	905
Full Power 242 Masters 40-44:											
IPA AMATEUR (Drug Tested) CLASSIC RAW											

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NAME	(Drug Tested)	EVENT	DIVISION	SUB-DIVISION(S)	WEIGHT CLASS	BODYWEIGHT	COEFFICIENT	SQUAT	BENCH	DEADLIFT	TOTAL
Katie Andes	IPA AMATEUR (Drug Tested)	Full Power	Classic Raw	Open, Masters (40-44)	242 (110 kg)	239.5	0.694	365	220	395	980
April Blevins	IPA AMATEUR (Drug Tested)	Full Power	Classic Raw	Open, Masters (40-44)	242 (110 kg)	238.6	0.695	325	190	385	900
Jae Rockwell	IPA AMATEUR (Drug Tested)	Full Power	Classic Raw	Open, Masters (40-44)	242 (110 kg)	240.14	0.694	305	170	385	860
IPA AMATEUR (Drug Tested) CLASSIC RAW											
Johanna McCann	IPA AMATEUR (Drug Tested)	Full Power	Classic Raw	Masters (45-49)	148 (67.5 kg)	145.86	0.914	380	170	350	900
Erin Janowicz	IPA AMATEUR (Drug Tested)	Full Power	Classic Raw	Masters (45-49)	148 (67.5 kg)	137.04	0.96	265	120	355	740
IPA AMATEUR (Drug Tested) SINGLE PLY											
Chelsea Bolton	IPA AMATEUR (Drug Tested)	Full Power	Single-Ply	Sub Master (33-39)	165 (75 kg)	153.5	0.88	305	0	285	590
IPA AMATEUR (Drug Tested) SINGLE PLY											
Rebecca Rhodes	IPA AMATEUR (Drug Tested)	Full Power	Single-Ply	Masters (45-49)	220 (100 kg)	207.19	0.734	425	190	385	1000
IPA AMATEUR (Drug Tested) MULTI-PLY											
Sharon Smolkin	IPA AMATEUR (Drug Tested)	Deadlift Only	Multi-Ply	Open	148 (67.5 kg)	147.84	0.904	390	0	370	760

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Tabitha Potts	IPA AMATEUR (Drug Tested)	Full Power	Multi-Ply	Open, Masters (40-44)	198 (90 kg)	192.82	0.76	400	275	420	1095
Push/Pull 275 (125 kg) OPEN: IPA PRO (Non-Drug Tested) CLASSIC RAW											
Lindsey Konstandenos	IPA PRO (Non-Drug Tested)	Push/Pull	Classic Raw	Open	275 (125 kg)	250.4	0.686	0	120	305	425
Push/Pull 148 (67.5 kg) Masters 55-59: IPA PRO (Non-Drug Tested) CLASSIC RAW											
Deborah Slovut	IPA PRO (Non-Drug Tested)	Push/Pull	Classic Raw	Masters (55-59)	148 (67.5 kg)	145.86	0.914	0	60	175	235
Full Power 123 OPEN: IPA PRO (Non-Drug Tested) CLASSIC RAW											
Syraha Childers-Gonzalez	IPA PRO (Non-Drug Tested)	Full Power	Classic Raw	Open, Teenage (13 - 19)	123 (56 kg)	123.2	1.045	215	115	285	615
Full Power 148 OPEN: IPA PRO (Non-Drug Tested) CLASSIC RAW											
Dominika Wielgus	IPA PRO (Non-Drug Tested)	Full Power	Classic Raw	Open	148 (67.5 kg)	147.22	0.907	330	205	360	895
Tara Romero	IPA PRO (Non-Drug Tested)	Full Power	Classic Raw	Open, Masters (40-44)	148 (67.5 kg)	147.9	0.904	360	185	315	860
Shawna Phillips	IPA PRO (Non-Drug Tested)	Full Power	Classic Raw	Open	148 (67.5 kg)	142.6	0.93	300	125	330	755
Brielle Daniel	IPA PRO (Non-Drug Tested)	Full Power	Classic Raw	Open	148 (67.5 kg)	141.8	0.935	200	130	275	605
Macey Dammann	IPA PRO (Non-Drug Tested)	Full Power	Classic Raw	Open	148 (67.5 kg)	140.57	0.941	205	90	190	485
Full Power 165 OPEN: IPA PRO (Non-Drug Tested) CLASSIC RAW											
Hannah Lewis	IPA PRO (Non-Drug Tested)	Full Power	Classic Raw	Open	165 (75 kg)	162.6	0.846	230	120	235	585

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Full Power 181 OPEN:											
IPA PRO (Non-Drug Tested) CLASSIC RAW											
Hannah Burdette	IPA PRO (Non-Drug Tested)	Full Power	Classic Raw	Open	181 (82.5 kg)	178.23	0.796	400	225	375	1000
Casey Strobe	IPA PRO (Non-Drug Tested)	Full Power	Classic Raw	Open, Sub Master (33-39)	181 (82.5 kg)	176.95	0.8	315	210	380	905
Full Power 198 OPEN:											
IPA PRO (Non-Drug Tested) CLASSIC RAW											
Gail Jackson	IPA PRO (Non-Drug Tested)	Full Power	Classic Raw	Open, Masters (65+)	198 (90 kg)	182.66	0.785	275	170	405	850
Full Power 220 OPEN:											
IPA PRO (Non-Drug Tested) CLASSIC RAW											
Sara Villmore	IPA PRO (Non-Drug Tested)	Full Power	Classic Raw	Open	220 (100 kg)	214.2	0.724	390	190	390	970
Gina Murphy	IPA PRO (Non-Drug Tested)	Full Power	Classic Raw	Open, Masters (50-54)	220 (100 kg)	203.93	0.739	385	225	350	960
Full Power 242 OPEN:											
IPA PRO (Non-Drug Tested) CLASSIC RAW											
Crystal Lutgen	IPA PRO (Non-Drug Tested)	Full Power	Classic Raw	Open, Masters (40-44)	242 (110 kg)	230.4	0.704	400	185	400	985
Nevaeh McIntosh	IPA PRO (Non-Drug Tested)	Full Power	Classic Raw	Open, Teenage (13 - 19)	242 (110 kg)	242	0.692	370	200	280	850
Full Power 275 OPEN:											
IPA PRO (Non-Drug Tested) CLASSIC RAW											
Gabrielle Maynard	IPA PRO (Non-Drug Tested)	Full Power	Classic Raw	Open	275 (125 kg)	268.38	0.676	505	235	460	1200
Full Power 308 OPEN:											
IPA PRO (Non-Drug Tested) CLASSIC RAW											
Meagan Napier	IPA PRO (Non-Drug Tested)	Full Power	Classic Raw	Open	308 (140 kg)	297.8	0.66	490	250	465	1205

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Rachel Foster	IPA PRO (Non-Drug Tested)	Full Power	Classic Raw	Open, Masters (45-49)	308 (140 kg)	308.2	0.654	400	195	410	1005
Full Power 123 TEENAGE:	IPA PRO (Non-Drug Tested)		CLASSIC RAW								
Syraha Childers-Gonzale	IPA PRO (Non-Drug Tested)	Full Power	Classic Raw	Open, Teenage (Up to 13)	123 (56 kg)	123.2	1.045	215	115	285	615
Full Power 165 TEENAGE:	IPA PRO (Non-Drug Tested)		CLASSIC RAW								
Isabelle Coates	IPA PRO (Non-Drug Tested)	Full Power	Classic Raw	Teenage (13 - 19)	165 (75 kg)	161.6	0.849	155	85	225	465
Full Power 242 TEENAGE:	IPA PRO (Non-Drug Tested)		CLASSIC RAW								
Nevaeh McIntosh	IPA PRO (Non-Drug Tested)	Full Power	Classic Raw	Open, Teenage (13 - 19)	242 (110 kg)	242	0.692	370	200	280	850
Full Power 181 SUBMASTERS, 33-39:	IPA PRO (Non-Drug Tested)		CLASSIC RAW								
Casey Strobe	IPA PRO (Non-Drug Tested)	Full Power	Classic Raw	Open, Sub Master (33-39)	181 (82.5 kg)	176.95	0.8	315	210	380	905
Jessica Hendrickson	IPA PRO (Non-Drug Tested)	Full Power	Classic Raw	Sub Master (33-39)	181 (82.5 kg)	178.38	0.796	210	125	305	640
Elizabeth Newton	IPA PRO (Non-Drug Tested)	Full Power	Classic Raw	Sub Master (33-39)	181 (82.5 kg)	177.4	0.799	205	145	260	610
Full Power 198 SUBMASTERS, 33-39:	IPA PRO (Non-Drug Tested)		CLASSIC RAW								
Samantha Moffitt	IPA PRO (Non-Drug Tested)	Full Power	Classic Raw	Sub Master (33-39)	198 (90 kg)	197.7	0.749	325	155	365	845
Full Power 148 MASTERS 40-44:	IPA PRO (Non-Drug Tested)		CLASSIC RAW								
Tara Romero	IPA PRO (Non-Drug Tested)	Full Power	Classic Raw	Open, Masters (40-44)	148 (67.5 kg)	147.9	0.904	360	185	315	860

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Full Power 181 MASTERS 40-44: IPA PRO (Non-Drug Tested) CLASSIC RAW											
Erica Locke	IPA PRO (Non-Drug Tested)	Full Power	Classic Raw	Masters (40-44)	181 (82.5 kg)	176.3	0.802	205	0	205	410
Full Power 242 MASTERS 40-44: IPA PRO (Non-Drug Tested) CLASSIC RAW											
Crystal Lutgen	IPA PRO (Non-Drug Tested)	Full Power	Classic Raw	Open, Masters (40-44)	242 (110 kg)	230.4	0.704	400	185	400	985
Full Power 275 MASTERS 40-44: IPA PRO (Non-Drug Tested) CLASSIC RAW											
Kristi Cuddy	IPA PRO (Non-Drug Tested)	Full Power	Classic Raw	Masters (40-44)	275 (125 kg)	260.09	0.68	430	235	385	1050
Full Power 308 MASTERS 45-49: IPA PRO (Non-Drug Tested) CLASSIC RAW											
Rachel Foster	IPA PRO (Non-Drug Tested)	Full Power	Classic Raw	Open, Masters (45-49)	308 (140 kg)	308.2	0.654	400	195	410	1005
Full Power 220 MASTERS 50-54: IPA PRO (Non-Drug Tested) CLASSIC RAW											
Gina Murphy	IPA PRO (Non-Drug Tested)	Full Power	Classic Raw	Open, Masters (50-54)	220 (100 kg)	203.93	0.739	385	225	350	960
Full Power 220 MASTERS 60-64: IPA PRO (Non-Drug Tested) CLASSIC RAW											
Lori Kraus	IPA PRO (Non-Drug Tested)	Full Power	Classic Raw	Masters (60-64)	220 (100 kg)	207.5	0.733	210	115	235	560
Full Power 198 MASTERS 65+: IPA PRO (Non-Drug Tested) CLASSIC RAW											
Gail Jackson	IPA PRO (Non-Drug Tested)	Full Power	Classic Raw	Open, Masters (65-69)	198 (90 kg)	182.66	0.785	275	170	405	850

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Full Power 148 OPEN:		IPA PRO (Non-Drug Tested)		MULTI-PLY							
Lindsey Bolton	IPA PRO (Non-Drug Tested)	Full Power	Multi-Ply	Open	148 (67.5 kg)	146.52	0.911	345	180	335	860
Full Power 165 OPEN:		IPA PRO (Non-Drug Tested)		MULTI-PLY							
Anna Vembu	IPA PRO (Non-Drug Tested)	Full Power	Multi-Ply	Open	165 (75 kg)	164	0.841	515	280	405	1200
Rebecca Cavic	IPA PRO (Non-Drug Tested)	Full Power	Multi-Ply	Open	165 (75 kg)	162.8	0.845	410	245	360	1015
Full Power 220 OPEN:		IPA PRO (Non-Drug Tested)		MULTI-PLY							
Jonna Priester	IPA PRO (Non-Drug Tested)	Full Power	Multi-Ply	Open, Masters (45-49)	220 (100 kg)	212.97	0.725	540	285	365	1190
Cayleigh Scia	IPA PRO (Non-Drug Tested)	Full Power	Multi-Ply	Open	220 (100 kg)	212.3	0.726	505	245	370	1120
Full Power 242 OPEN:		IPA PRO (Non-Drug Tested)		MULTI-PLY							
Autumn Cernohous	IPA PRO (Non-Drug Tested)	Full Power	Multi-Ply	Open	242 (110 kg)	230.8	0.703	650	400	450	1500
Jamie Rodgers	IPA PRO (Non-Drug Tested)	Full Power	Multi-Ply	Open	242 (110 kg)	231.08	0.703	660	375	395	1430
Full Power 220 Masters 45-49:		IPA PRO (Non-Drug Tested)		MULTI-PLY							
Jonna Priester	IPA PRO (Non-Drug Tested)	Full Power	Multi-Ply	Open, Masters (45-49)	220 (100 kg)	212.97	0.725	540	285	365	1190
Full Power 181 Masters 55-59:		IPA PRO (Non-Drug Tested)		MULTI-PLY							
Tina Valeri	IPA PRO (Non-Drug Tested)	Full Power	Multi-Ply	Masters (55-59)	181 (82.5 kg)	178.85	0.795	530	275	350	1155

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INDICATES IPA WORLD RECORD