

2024 IPA CONNECTICUT STATE FULL POWER & PUSH/PULL SHOWDOWN

April 27, 2024

New Haven, Connecticut

Name	Equipment/Division/Subdivision/Class	BodyweightLb	BestSquatLb	BestBenchLb	BestDeadliftLb	TotalLb
WOMEN'S DIVISIONS - FULL POWER						
Mary Duffy	Session 1:Female:01-Full Power:01-AM Raw:13-Master(70-74):114	113.5	75	117.5	75	267.5
Melissa Leone	Session 1:Female:01-Full Power:05-Pro Raw:07-Master(40-44):165	150	270	135	370	775
Sherrie Forgione	Session 1:Female:01-Full Power:01-AM Raw:05-Open:148	148	170	0	240	410
Ariel DeGiuseppe	Session 1:Female:01-Full Power:01-AM Raw:05-Open:148	140	220	160	255	635
Carmen Barrios	Session 1:Female:01-Full Power:01-AM Raw:07-Master(40-44):114	110.75	185	120	275	580
Tiffany .Barney	Session 1:Female:01-Full Power:01-AM Raw:09-Master(50-54):123	118	180	115	210	505
WOMEN'S DIVISIONS - PUSH/PULL						
Zana Imetouski	Session 1:Female:03-Push Pull:01-AM Raw:04-Junior(20-23):165	152	0	130	200	330
Lixing Counsilman	Session 1:Female:03-Push Pull:01-AM Raw:05-Open:181	177	335	195	365	895
Nicole Barksdale	Session 1:Female:03-Push Pull:01-AM Raw:08-Master(45-49):198	192	0	110	295	405
Julia Orsini	Session 1:Female:03-Push Pull:01-AM Raw:11-Master(60-64):242	239	0	95	250	345
MEN'S DIVISIONS - FULL POWER						
Joe Perry	Session 1:Male:01-Full Power:01-AM Raw:04-Junior(20-23):168	162	425	255	475	1155
James Hooper	Session 1:Male:01-Full Power:01-AM Raw:02-Teen(16-17):242	230	345	200	375	920
Chris Horvilleur	Session 1:Male:01-Full Power:01-AM Raw:05-Open:220	217	455	315	525	1295
Daniel Dimmock	Session 1:Male:01-Full Power:01-AM Raw:06-SubMaster(33-39):242	237	375	305	420	1100
James Farina	Session 1:Male:01-Full Power:05-Pro Raw:08-Master(45-49):275	268	545	445	520	1510
James Farina	Session 1:Male:01-Full Power:05-Pro Raw:05-Open:275	268	545	445	520	1500
Ryan Tessier	Session 1:Male:01-Full Power:01-AM Raw:06-SubMaster(33-39):220	214	385	280	500	1165
.lan .Mercer	Session 1:Male:01-Full Power:01-AM Raw:11-Master(60-64):220	201	325	250	340	915
Matteo Raccio	Session 1:Male:01-Full Power:01-AM Raw:02-Teen(16-17):198	185	405	235	475	1115
MEN'S DIVISIONS - PUSH/PULL						
Nicholas Paradis	Session 1:Male:03-Push Pull:01-AM Raw:04-Junior(20-23):220	213.5	0	255	460	715
Michael Frattini	Session 1:Male:03-Push Pull:01-AM Raw:08-Master(45-49):SHW	345	0	330	500	830
INDICATES IPA WORLD RECORD						