

HAWAII'S STRONGEST SCHOLAR

April 21, 2024

Kailua-Kona, HI

Name	Equipment	Division/Sub Division	Bodyweightlbs	WeightClasslbs	Best3Squatlbs	Best3Benchlbs	Best3Deadliftlbs	Totallbs
WOMEN'S DIVISIONS - BENCH								
Teisa Manuofetoa	RAW_AMATEUR	Teen Women 14-15 Raw Bench	268.6	275		154.3		
Anela Pala'imaea	RAW_AMATEUR	Teen Women 18-19 Raw Bench	247	275		143.3		
WOMEN'S DIVISIONS - DEADLIFT								
Teisa Manuofetoa	RAW_AMATEUR	Teen Women 14-15 Raw Deadlift	268.6	275			330.7	
Anela Pala'imaea	RAW_AMATEUR	Teen Women 18-19 Raw Deadlift	247	275			325.2	
MEN'S DIVISIONS - BENCH								
Zeryth Jongert	RAW_AMATEUR	Teen Men 14-15 Raw Bench	132	132		104.7		
Makana Ventenilla	RAW_AMATEUR	Teen Men 14-15 Raw Bench	142.5	148		170.9		
Lawaia Nahakuelua	RAW_AMATEUR	Teen Men 14-15 Raw Bench	139.2	148		137.8		
Conan Paahana	RAW_AMATEUR	Teen Men 14-15 Raw Bench	160	165		220.5		
Ernest Kanehailua	RAW_AMATEUR	Teen Men 14-15 Raw Bench	156.8	165		159.8		
Abraham Ajen	RAW_AMATEUR	Teen Men 14-15 Raw Bench	163.6	165		126.8		
Makuakai Kaleo O kekumu Atkinson	RAW_AMATEUR	Teen Men 14-15 Raw Bench	179.2	181		215		
Justice Charity	RAW_AMATEUR	Teen Men 14-15 Raw Bench	178.6	181		176.4		
Malu Quebral	RAW_AMATEUR	Teen Men 14-15 Raw Bench	172.4	181		126.8		
Ehukai Kepo'o	RAW_AMATEUR	Teen Men 14-15 Raw Bench	191.2	198		286.6		
Tristin Oana	RAW_AMATEUR	Teen Men 14-15 Raw Bench	195.5	198		275.6		
William Ruiz-Gonzalez	RAW_AMATEUR	Teen Men 14-15 Raw Bench	192.4	198		126.8		
Kamuela Grace	RAW_AMATEUR	Teen Men 14-15 Raw Bench	235	242		231.5		
Bryfirson Kulian	RAW_AMATEUR	Teen Men 14-15 Raw Bench	225	242		187.4		
Kekona Cox	RAW_AMATEUR	Teen Men 16-17 Raw Bench	126	132		132.3		
Kawika Gouveia	RAW_AMATEUR	Teen Men 16-17 Raw Bench	143.8	148		115.7		
Shandon Lane Nahale	RAW_AMATEUR	Teen Men 16-17 Raw Bench	176.6	181		281.1		
LJ Nahakuelua	RAW_AMATEUR	Teen Men 16-17 Raw Bench	217.4	220		248		
Blayde-Reyen Mills	RAW_AMATEUR	Teen Men 16-17 Raw Bench	219.4	220		231.5		
Vincent Oraa	RAW_AMATEUR	Teen Men 16-17 Raw Bench	217.4	220		192.9		
Thor Jongert	RAW_AMATEUR	Teen Men 16-17 Raw Bench	239	242		231.5		
At-two Likisap	RAW_AMATEUR	Teen Men 16-17 Raw Bench	233.6	242		143.3		
Sihkei Correa	RAW_AMATEUR	Teen Men 16-17 Raw Bench	243	275		336.2		
Channing Landgraf	RAW_AMATEUR	Teen Men 16-17 Raw Bench	258.6	275		192.9		
Kaimi Kolii	RAW_AMATEUR	Teen Men 16-17 Raw Bench	283	308		297.6		
Lawrence Sina	RAW_AMATEUR	Teen Men 18-19 Raw Bench	109.8	114		143.3		

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Makali'i Parker	RAW_AMATEUR	Teen Men 18-19 Raw Bench	163.4	165		253.5		
Selvin Rivas Martinez	RAW_AMATEUR	Teen Men 18-19 Raw Bench	153.6	165		203.9		
Alika Rigaud	RAW_AMATEUR	Teen Men 18-19 Raw Bench	162.8	165		192.9		
Cody Jones	RAW_AMATEUR	Teen Men 18-19 Raw Bench	155.8	165		165.3		
Wylan Thomas	RAW_AMATEUR	Teen Men 18-19 Raw Bench	196.6	198		270.1		
Hiro Tilfas	RAW_AMATEUR	Teen Men 18-19 Raw Bench	208.2	220		192.9		

MEN'S DIVISIONS - DEADLIFT

Zeryth Jongert	RAW_AMATEUR	Teen Men 14-15 Raw Deadlift	132	13			242.5	
Makana Ventenilla	RAW_AMATEUR	Teen Men 14-15 Raw Deadlift	142.5	148			325.2	
Lawaia Nahakuelua	RAW_AMATEUR	Teen Men 14-15 Raw Deadlift	139.2	148			270.1	
Conan Paahana	RAW_AMATEUR	Teen Men 14-15 Raw Deadlift	160	165			440.9	
Ernest Kanehailua	RAW_AMATEUR	Teen Men 14-15 Raw Deadlift	156.8	165			363.8	
Abraham Ajen	RAW_AMATEUR	Teen Men 14-15 Raw Deadlift	163.6	165			253.5	
Justice Charity	RAW_AMATEUR	Teen Men 14-15 Raw Deadlift	178.6	181			413.4	
Makuakai Kaleo O kekumu Atkinson	RAW_AMATEUR	Teen Men 14-15 Raw Deadlift	179.2	181			363.8	
Malu Quebral	RAW_AMATEUR	Teen Men 14-15 Raw Deadlift	172.4	181			303.1	
Ehukai Kepo'o	RAW_AMATEUR	Teen Men 14-15 Raw Deadlift	191.2	198			457.5	
Tristin Oana	RAW_AMATEUR	Teen Men 14-15 Raw Deadlift	195.2	198			429.9	
William Ruiz-Gonzalez	RAW_AMATEUR	Teen Men 14-15 Raw Deadlift	192.4	198			336.2	
Kamuella Grace	RAW_AMATEUR	Teen Men 14-15 Raw Deadlift	235	242			468.5	
Bryfirson Kulian	RAW_AMATEUR	Teen Men 14-15 Raw Deadlift	225	242			341.7	
Kekona Cox	RAW_AMATEUR	Teen Men 16-17 Raw Deadlift	126	132			259	
Kawika Gouveia	RAW_AMATEUR	Teen Men 16-17 Raw Deadlift	143.8	148			297.6	
Shandon Lane Nahale	RAW_AMATEUR	Teen Men 16-17 Raw Deadlift	176.6	181			440.9	
Jaeden Tevita	RAW_AMATEUR	Teen Men 16-17 Raw Deadlift	180	181			347.2	
Erwin Belt-Lauronal	RAW_AMATEUR	Teen Men 16-17 Raw Deadlift	195.8	198			352.7	
Vincent Oraa	RAW_AMATEUR	Teen Men 16-17 Raw Deadlift	217.4	220			468.5	
LJ Nahakuelua	RAW_AMATEUR	Teen Men 16-17 Raw Deadlift	217.4	220			451.9	
Blayde-Reyen Mills	RAW_AMATEUR	Teen Men 16-17 Raw Deadlift	219.4	220			369.3	
Kaena Bailey-Morris	RAW_AMATEUR	Teen Men 16-17 Raw Deadlift	227	242			435.4	
Thor Jongert	RAW_AMATEUR	Teen Men 16-17 Raw Deadlift	239	242			413.4	
At-two Likisap	RAW_AMATEUR	Teen Men 16-17 Raw Deadlift	233.6	242			308.6	
Channing Landgraf	RAW_AMATEUR	Teen Men 16-17 Raw Deadlift	258.6	275			413.4	
Sihkei Correa	RAW_AMATEUR	Teen Men 16-17 Raw Deadlift	243	275			303.1	

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Kaimi Kolii	RAW_AMATEUR	Teen Men 16-17 Raw Deadlift	283	308			534.6	
Lawrence Sina	RAW_AMATEUR	Teen Men 18-19 Raw Deadlift	109.8	114			325.2	
Cody Jones	RAW_AMATEUR	Teen Men 18-19 Raw Deadlift	155.8	165			463	
Makali'i Parker	RAW_AMATEUR	Teen Men 18-19 Raw Deadlift	163.4	165			446.4	
Alika Rigaud	RAW_AMATEUR	Teen Men 18-19 Raw Deadlift	162.8	165			424.4	
Selvin Rivas Martinez	RAW_AMATEUR	Teen Men 18-19 Raw Deadlift	153.6	165			369.3	
Kekoa White	RAW_AMATEUR	Teen Men 18-19 Raw Deadlift	159	165			330.7	
Wylan Thomas	RAW_AMATEUR	Teen Men 18-19 Raw Deadlift	196.6	198			463	
Hiro Tilfas	RAW_AMATEUR	Teen Men 18-19 Raw Deadlift	208.2	220			402.3	

INDICATES IPA WORLD RECORD