

IPA STRENGTH OF OUR HEROES - AMATUER

September 7-8, 2024

Bohemia, New York

Name	Equipment	Division	BodyweightLBS	WeightClassLBS	Best3SquatLBS	Best3BenchLBS	Best3DeadliftLBS	TotalLBS
WOMEN'S DIVISIONS - FULL POWER								
Caylee Navas	Multi-ply	Open	114.5	114	360	220	265	845
Caylee Navas	Multi-ply	T13-15	114.5	114	360	220	265	845
Elise Frazier	Multi-ply	Open	177	181	460	255	390	1105
Jessica Goldstein	Unlimited	Open	102	105	285	185	230	700
Jessica Goldstein	Unlimited	S33-39	102	105	285	185	230	700
Laura Galati	Raw	M45-49	175	181	205	120	235	560
Rosanna Santiago	Raw	Open	179	181	310	135	305	750
Rosanna Santiago	Raw	S33-39	179	181	310	135	305	750
Stephanie Owusu	Raw	Open	171.25	181	300	175	370	845
MEN'S DIVISIONS - FULL POWER								
Arthur Miller	Raw	G80+	192.5	198	245	180	340	765
Camren Smith	Multi-ply	Open	255.5	275	825	465	645	1935
Dakota A Parson	Unlimited	Open	192.5	198	700	550	575	1825
Dexter Bidot	Unlimited	Open	176.5	181	850	600	650	2100
Dexter Bidot	Unlimited	S33-39	176.5	181	850	600	650	2100
Gregor Malkasian	Multi-ply	Open	212	220	605	435	500	1540
Jack DeMinno	Raw	Open	216.5	220	480	335	655	1470
Jonah Roach	Multi-ply	J20-23	229.5	242	705	425	600	1730
Kyle Petruzzi	Raw	Open	201	220	375	280	435	1090
Mark Damico	Multi-ply	M60-64	216.5	220	750	505	575	1830
Steve Scott	Multi-ply	Open	270	275	935	530	645	2110
Xavier Jansson	Multi-ply	Open	224.5	242	415	260	435	1110
MEN'S DIVISIONS - PUSH/PULL								
Arthur Miller	Raw	G80+	192.5	198		180	340	520
Peter Sessa	Raw	M55-59	238.5	242		370	500	870
MEN'S DIVISIONS - BENCH ONLY								
David Balsdon (DJ)	Raw	S33-39	237.5	242		400		400

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MEN'S DIVISIONS - DEADLIFT ONLY								
Arthur Miller	Raw	G80+	192.5	198			340	340
Jake Cummings	Raw	T18-19	211.5	220			315	
Mike Cummings	Raw	M55-59	226.5	242			525	525
Mike Cummings	Raw	Open	226.5	242			525	525
Ryan Cummings	Raw	Open	188.5	198			285	285

INDICATES IPA WORLD RECORD

INDICATES IPA NY STATE RECORD

INDICATES BOTH IPA WORLD & NY STATE RECORD