

**IPA TITANS FOR TOTS 2024**

12/7/2024

Bohemia, New York

| Name                                | Division | Equipment | SubDivision | BodyweightLBS | WeightClassLBS | BestSquatLBS | BestBenchLBS | BestDeadliftLBS | TotalLBS |
|-------------------------------------|----------|-----------|-------------|---------------|----------------|--------------|--------------|-----------------|----------|
| <b>MEN'S DIVISIONS - FULL POWER</b> |          |           |             |               |                |              |              |                 |          |
| Arthur Miller                       | Amateur  | Wraps     | M80+        | 192           | 198            | 260          | 170          | 330             | 760      |
| Samuel T Kamara                     | Amateur  | Wraps     | Open        | 229           | 242            | 495          | 285          | 675             | 1455     |

INDICATES IPA WORLD RECORD