



# 2025 IPA SPRING CLASSIC

A State Open Meet

Presented by VIP Barbell Club

Date **May 3rd 10:00AM Competitors can/must report at 9:00AM**

Location **VIP Barbell Club: 121 Friends Lane #600 Newtown, PA 18940**

Directors **Brian and Emily Reed: 267-968-4616 [VIPBarbellClub@gmail.com](mailto:VIPBarbellClub@gmail.com)**

Entry Fees **ENTRY FEPPER DIVISION, PER LIFTER IS Full power: \$115.00, Push/pull: \$95.00, Deadlift only: \$75.00 or Bench only: \$75.00. There are 2 divisions: Amateur is a drug-tested division and Professional is a non-drug tested division. Drug testing is by urinalysis. No refunds for cancellations. If cancellation is due to injury, we will credit the entry fee toward the next IPA event directed by BRIAN REED.**

**NO CHECKS WILL BE ACCEPTED AFTER APRIL 23rd. ONLY CASH or VENMO WILL BE ACCEPTED. VENMO: VIP\_Barbell and make sure you list your info in notes.**

**DIVISIONS: Raw and Equipped**

- Open Professional
- Open Amateur

**SUB-DIVISIONS:**

- Men
- Women
- Teen
- Police
- Submaster
- Master (all age divisions)
- Junior

Weight Classes Men: 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, 308, SHW  
Women: 97, 105, 114, 123, 132, 148, 165, 181, 198, SHW

**Weigh ins: Where: VIP BARBELL 121 Friends Lane #600 Newtown, PA 18940  
When: Friday MAY 2nd @ 10:00AM - Noon OR by APPOINTMENT. **Appointments must be made if you need to come outside of that time. Contact Emily Reed for appointment via TEXT MESSAGE ONLY 267-968-4616.** All weigh ins must be done on Friday. There will NOT be weigh ins the day of the meet.**

Rules International Powerlifting Association (IPA) rules apply. Equipment must meet IPA specifications. One-piece lifting suit must be worn. *For rules and regulations, visit the IPA website at [www.IPAPOWER.COM](http://www.IPAPOWER.COM) STATE RECORDS CAN BE SET AND BROKEN*

Deadline **ENTRY DEADLINE IS April 23rd OR UNTIL THE 65 LIFTER PER DAY LIMIT IS MET. Late entries may be accepted after April 23rd through to the day of the meet, but will not**

**be accepted if received after the 65 lifter limit is met. There is a \$ 50 late fee for all entries RECEIVED after APRIL 23rd IMPORTANT!! IPA CARDS WILL NOT BE AVAILABLE FOR PURCHASE AT THE MEET. MEMBERSHIPS MUST BE PAID FOR SEPARATELY FROM THE ENTRY. IPA CARDS ARE AVAILABLE FOR PURCHASE IN ADVANCE ONLINE AT [WWW.IPAPOWER.COM/IPAMEMBERSHIP.HTM](http://WWW.IPAPOWER.COM/IPAMEMBERSHIP.HTM) FOR AN ANNUAL FEE OF \$35 FOR ADULTS, AND \$30 FOR TEENS IF MAILED. ONLINE PURCHASES THROUGH PAYPAL ARE \$37 ADULTS AND \$32 TEENS.**

**REMEMBER, GET YOUR ENTRIES IN EARLY! THE DEADLINE IS APRIL 23rd OR WHEN THE 65 DAILY LIFTER LIMIT IS MET!**

## Awards

Custom awards will be distributed to the top three places in each weight class and every division and sub-division (to include full age divisions)

**Best Lifters:** **Full Power:** Open divisions (Pro & Am), Women (Pro & Am), Teen (Men & Women, Am Only), Master (Pro & Am).

1st, 2nd and 3rd place: **Full power, Bench Only, Push/pull and Deadlift only:** Open divisions Men's Open (Pro & Am), Men's Master (Pro & Am), Women (Pro & Am), Teen (Men & Women, Am Only)

**LIFTERS MUST MAKE ARRANGEMENTS TO HAVE AWARDS PICKED UP. WE WILL NOT SHIP UNCLAIMED AWARDS.**

## Hotel

**Contact Emily Reed for info: TEXT 267-968-4616**

## Transportation

**REMEMBER, GET YOUR ENTRIES IN EARLY! THE DEADLINE IS **APRIL 23rd** OR WHEN THE 65 DAILY LIFTER LIMIT IS MET!**



## PROFESSIONAL OR AMATEUR . . . NEED HELP CHOOSING YOUR DIVISION?

The IPA has two divisions: *Professional and Amateur* so all lifters can co-exist under the umbrella of one Association. The **Professional Division**: Standard lifting rules apply (*please see Personal Equipment section of Rule Book*). The division is open to anyone who wants to enter as a Professional, no matter what he or she totals. The *Pro Division* has its own world and state records. Records will be kept in all subdivisions, except for Special Olympics.

**Amateur Division**: Standard lifting rules apply (*please see Personal Equipment section of Rule Book*). The division is open to anyone who wants to enter the Amateur division, no matter what he or she totals. **It is a 100% Drug Free Division**. Any lifter breaking or setting an Open Amateur IPA World Record and/or wins a Best Lifter Award at any meet will be tested for steroids by urinalysis.

Lifters **will be tested for anabolic steroids through the use of urinalysis**. Testing will be random and chosen by the Meet Director. Lifters can be tested at any time during the meet at the Meet Director's discretion. An Amateur lifter must be prepared to provide a sample of his/her urine after competing if randomly chosen (there is no charge for the Amateur Division lifters unless the test results are positive). To protect the integrity of the drug test, the urine sample must be processed by the appropriate official. If urinalysis test results are negative, the meet director will absorb the cost of the drug test. If urinalysis test results are positive, the lifter will be responsible for all expenses associated with the drug test. Subsequently, all of the lifter's records and accomplishments to date will be disqualified, and the lifter will be suspended from IPA competition for life.

If the lifter enters a meet as an *Amateur* and totals a *Professional* total, he/she will be classified as an Amateur pending the results of drug testing by urinalysis. Amateur records set or broken are pending drug test results. *Amateur* records will be kept in all subdivisions.

**Raw Lifting**: This division allows knee wraps (in the squat only), lifting belt and wrist wraps.

### IPA PROFESSIONAL CLASSIFICATION TOTALS (EQUIPPED AND RAW)

#### MEN'S DIVISIONS

##### PROFESSIONAL

<i>Weight Class</i>	<u>Equipped</u>		<u>Unequipped</u>	
	PRO	M*	RAW PRO	RAW M*
114	1085	976	904	850
123	1210	1089	984	904
132	1300	1170	1059	974
148	1450	1305	1185	1087
165	1580	1422	1298	1190
181	1692	1523	1396	1279
198	1780	1602	1471	1354
220	1875	1687	1551	1476
242	1940	1746	1607	1497
275	2000	1800	1654	1518
308	2040	1836	1728	1594
SHW	2085	1876	1748	1614

#### WOMEN'S DIVISIONS

##### PROFESSIONAL

<i>Weight Class</i>	<u>Equipped</u>		<u>Unequipped</u>	
	PRO	M*	RAW PRO	RAW M*
97	680	612	543	491
105	732	659	581	529
114	790	711	623	567
123	857	771	665	604
132	895	805	703	637
148	953	858	773	702
165	1027	924	853	759
181	1149	1034	895	815
198	1192	1073	960	871
198+ (SHW)	1260	1134	1012	918

**\*M - Master**

\*Totals below those posted above are considered Amateur Classification totals.

**THE DEADLINE IS APRIL 23rd OR WHEN THE 65 DAILY LIFTER LIMIT IS MET!**



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## OFFICIAL ENTRY FORM

Due **APRIL 23rd** 121 Friends Lane #600 Newtown, PA 18940

[WWW.IPAPOWER.COM](http://WWW.IPAPOWER.COM)

<input type="checkbox"/> FULL POWER	<input type="checkbox"/> MAN	<input type="checkbox"/> AMATEUR	<input type="checkbox"/> RAW
<input type="checkbox"/> PUSH/PULL	<input type="checkbox"/> WOMAN	<input type="checkbox"/> PROFESSIONAL	
<input type="checkbox"/> DEADLIFT ONLY		<input type="checkbox"/> ELITE AM	<input type="checkbox"/> Equipped
<input type="checkbox"/> BENCH ONLY			
<input type="checkbox"/> Open Men's	<input type="checkbox"/> Teen (age)	<input type="checkbox"/> Junior	<input type="checkbox"/> Submaster
<input type="checkbox"/> Open Women	<input type="checkbox"/> Master (age)	<input type="checkbox"/> Police	
<b>Weight Class</b> _____		IPA Expiration Date _____	

### OTHER FEES:

Entry Fee: **\$115.00** per division

Spectator Fees: **\$10.00**

Coaches Fee: **\$10.00**

Name: \_\_\_\_\_ Age \_\_\_\_\_ Birth Date \_\_\_\_\_

Street address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email Address \_\_\_\_\_

### PAYMENT CHOICE:

Check  Venmo  Credit Card

Visa  Mastercard

Cardholder Name: \_\_\_\_\_ Card Number: \_\_\_\_\_

Cardholder Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Exp. Month/Year: \_\_\_\_\_ 3-Digit CVC2 Security Number: \_\_\_\_\_

**Payment must accompany entry form. Mailed entries must be received by April 23rd! No personal checks will be accepted after April 23rd. Please make checks payable to: VIP BARBELL**

### RELEASE FROM LIABILITY

On behalf of myself, my heirs, executors, administrators, and assigns, I hereby irrevocably waive, release and fully discharge the International Powerlifting Association (IPA), **Brian/Emily Reed VIP BARBELL CLUB**, Chaillet's Private Fitness, Inc., their respective officers, directors, employees, agents, and shareholders, of and from any and all rights, claims, demands, lawsuits, and causes of action due to or arising from any accident, injury, damage or loss directly, indirectly or in any way associated with my participation in the powerlifting competition sponsored by **BRIAN/EMILY REED VIP BARBELL CLUB**.

I represent that I know of no medical reason or condition that would impair my ability to participate in this event, and I hereby assume any and all risk of accidental, medical injury or consequential damages resulting from my participation. I acknowledge, understand and accept the inherent risks of powerlifting.

I fully understand that if I enter the Am (drug tested) divisions, I may be selected to take a urinalysis test. If this test is found positive for anabolic steroids I (the signed applicant) will pay for the cost of this test. If the test is found to be negative, the IPA will pay for the test. By signing this release from liability, I irrevocably waive all rights, claims, demands, lawsuits and causes of action against everyone connected with this contest with regard to the result of any drug test. **I have read the above release, understand its meaning and consequences, and intend to be legally bound by its terms and have signed this release freely and voluntarily.**

Signature (in full) of applicant \_\_\_\_\_ Date \_\_\_\_\_

Signature (in full) of parent or guardian if applicant is under 21 years of age. \_\_\_\_\_ Date \_\_\_\_\_