

PL DEN IRON CLASH 2025

March 8, 2025

Abington, MA

Name	Equipment	Division	BodyweightKg	WeightClassKg	Best3SquatKg	Best3BenchKg	Best3DeadliftKg	TotalKg
WOMEN'S DIVISIONS - FULL POWER								
Michelle Girona	Equipped_amateur	Women's Equipped Amateur Master (40-44)	99.15	100	292.5	60	172.5	525
Denise Laconte	Equipped_pro	Women's Equipped Pro Open	81.25	82.5	280	172.5	220	672.5
WOMEN'S DIVISIONS - BENCH ONLY								
Caitlyn Barnes	Equipped_pro	Women's Equipped Pro Open Bench Only		82.5				
MEN'S DIVISIONS - FULL POWER								
Timothy Carpentier	Equipped_amateur	Men's Equipped Amateur Junior (20-23)	89.7	90	320	147.5	230	697.5
Jonah Roach	Equipped_amateur	Men's Equipped Amateur Junior (20-23)	98.7	100	370	72.5	287.5	730
Tyler Benevides	Equipped_amateur	Men's Equipped Amateur Junior (20-23)	94.15	100	307.5	155	250	712.5
Antonio Lagana	Equipped_amateur	Men's Equipped Amateur Junior (20-23)	124.85	125				
Daniel Maki	Equipped_amateur	Men's Equipped Amateur Open	85.2	90	320	147.5	250	717.5
Luciano Delmonte	Equipped_amateur	Men's Equipped Amateur Open	119.75	125	385	205	255	845
Rich Stanley	Equipped_amateur	Men's Equipped Amateur Open	163.85	140+	387.5	267.5	227.5	882.5
Scott Pasternacki	Equipped_amateur	Men's Equipped Amateur Sub-Master (35-39)	98.3	100	295	282.5	275	852.5
Dennis Gitke	Equipped_pro	Men's Equipped Pro Junior (20-23)	157.75	140+	435	250	320	1005
Dean Moore	Equipped_pro	Men's Equipped Pro Master (55-59)	88.3	90	287.5	160	182.5	630
Robert Popp	Equipped_pro	Men's Equipped Pro Master (60-64)	102	110	317.5	152.5		470
Bergin Kranz	Raw_amateur	Men's Raw Amateur Junior (20-23)	80.1	82.5	272.5	135	237.5	637.5
Garrett Lewis	Raw_amateur	Men's Raw Amateur Junior (20-23)	104.65	110	202.5	117.5	255	575
Noah Smith	Raw_amateur	Men's Raw Amateur Junior (20-23)	127.8	140	280	160	245	685
Richard Bloom	Raw_amateur	Men's Raw Amateur Master (40-44)	67.4	67.5	162.5	140	167.5	467.5
Richard Bloom	Raw_amateur	Men's Raw Amateur Police	67.4	67.5	162.5	140	167.5	467.5
Michael Darcy	Raw_amateur	Men's Raw Amateur Master (55-59)	106.15	110	185	147.5	207.5	540
Nik Jakubowski	Raw_amateur	Men's Raw Amateur Open	89	90	145	127.5	192.5	465
Anthony Nantais	Raw_amateur	Men's Raw Amateur Open	93.55	100	152.5	107.5	197.5	457.5
Alexander Freeman	Raw_amateur	Men's Raw Amateur Open	134.9	140	322.5	182.5	295	800
Jonah Hussey	Raw_amateur	Men's Raw Amateur Teenage (18-19)	80.9	82.5	167.5	100	145	412.5
JT Krivinskas	Raw_pro	Men's Raw Pro Teenage (18-19)	109.6	110	272.5	175	300	747.5
MEN'S DIVISIONS - BENCH ONLY								
Jeff Holstead	Equipped_pro	Men's Equipped Pro Master (55-59) Bench Only	84.65	90				
Bob Mallory	Equipped_pro	Men's Equipped Pro Open Bench Only		140				
Matthew Abraham	Raw_amateur	Men's Raw Amateur Open Bench Only	96.8	100		102.5		102.5
INDICATES IPA WORLD RECORD								