

IPA STRENGTH OF HEROES - PRO

September 6, 2025

Bohemia, New York

Name	Equipment	Division	BodyweightLb	WeightClassLb	Best3SquatLb	Best3BenchLb	Best3DeadliftLb	TotalLb
WOMEN'S DIVISIONS - FULL POWER								
Andrea Villalobos	Unlimited	Open	128.5	132	450	335	365	1150
Andrea Villalobos	Unlimited	S33-39	128.5	132	450	335	365	1150
Elise Frazier	Multi-ply	Open	194.4	198	530	340	415	1285
Elise Frazier	Multi-ply	S33-39	194.4	198	530	340	415	1285
Mackenzie Tomasik	Multi-ply	Open	300	242+	765	420	515	1700
Robyn Schmidt	Multi-ply	Open	131.3	132	565	320	510	1395
Sarah Buckley	Multi-ply	Open	180.9	181	630	370	490	1490
Tara Duncan	Multi-ply	Open	257.1	242+	665	380	385	1430
Taylor Schaeffer	Multi-ply	Open	165.1	165	780	450	585	1815

MEN'S DIVISIONS - FULL POWER

Anthony Hobaica	Unlimited	Open	198.3	198	930	750	650	2330
Bob Merkh	Unlimited	Open	276	308	1060	1105	635	2800
Camren Smith	Multi-ply	Open	248.1	260	960	530	720	2210
Connor Boyle	Multi-ply	Open	218	220	950	500	800	2250
Derrick Benjamin	Unlimited	M45-49	244	260	800	620	700	2120
Derrick Benjamin	Unlimited	Open	244	260	800	620	700	2120
John Randall	Multi-ply	Open	253.4	260	890	520	645	2055
Kyle Oleary	Unlimited	Open	312	308+	840	805	755	2400
Logan Priesel	Multi-ply	J20-23	198.1	198	770	375	585	1730
Rodney Woodward Jr	Unlimited	Open	369.5	308+	1275	1000	750	3025

MEN'S DIVISIONS - BENCH ONLY

Dillon Hinkle	Unlimited	Open	196.1	198		750		750
John Johnson	Unlimited	Open	230	242		865		865
Joseph Rybaruk Jr	Unlimited	M45-49	304.75	308		800		800
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Rich Putnam	Unlimited	M45-49	282.7	308		915		915
Ryan Critti	Unlimited	Open	317.7	308+		950		950
Steven Dussault	Unlimited	M65-69	197.5	198		575		575

INDICATES "ALL-TIME" WORLD RECORD

INDICATES IPA WORLD RECORD

INDICATES IPA NY STATE RECORD

INDICATES BOTH IPA WORLD & NY STATE RECORD