

HOLY WARS III
FEBRUARY 7, 2026
EVOLVE FITNESS AND TRAINING
WEST BOYLSTON, MASSACHUSETTS

NAME	WT. CLASS	DIVISION	SUBDIVISION	SQUAT	4th Att. SQUAT	BENCH	DEAD	TOTAL	4th Att. TOTAL	BWT
WOMEN'S DIVISIONS - FULL POWER										
Michelle Gironda	220	Am Equip	Open	688.9		270.1	402.3	1361.3		215.6
Lisa McDonald	132	Pro Equip	Open	655.9	666.9	275.6	463	1394.5	1405.5	130.9
Lyndsay Bramble	148	Pro Equip	Open	655.9		270.1	474	1399.9		146.3
Julene Hurley	148	Pro Equip	Open	650.4		275.6	457.5	1383.4		139.1
Connie Nightingale	181	Pro Equip	Open	501.5		264.6	363.8	1129.9		166
Elise Frazier	198	Pro Equip	Open	600.8		347.2	418.9	1366.9		195.9
Jessie Jackson	220	Pro Equip	Open	606.3		270.1	407.9	1284.2		211.4
Jen Jensen	220	Pro Equip	Open	529.1		220.5	380.3	1129.9		211.6
Tara Duncan	242	Pro Equip	Open	700		418.9	440.9	1559.8		240.5
Jamie Rodgers	242	Pro Equip	Open	639.3		418.9	407.9	1466.1		233.4
Dakota Duffy	242	Pro Equip	Open	716.5		231.5	451.9	1399.9		220.6
Connie Nightingale	181	Pro Equip	Submaster	501.5		264.6	363.8	1129.9		166
Jen Jensen	220	Pro Equip	Master (50-54)	529.1		220.5	380.3	1129.9		211.6
WOMEN'S DIVISIONS - PUSH/PULL ONLY										
Danielle Braun	165	Pro Equip	Open			341.7	457.5	799.2		154.9
WOMEN'S DIVISIONS -SQUAT ONLY										
Sara Villmore	220	Am Equip	Open	644.8				644.8		207.8
MEN'S DIVISIONS - FULL POWER										
Tony Creatura	181	Am Equip	Open	1008.6		407.9	666.9	2083.4		179.4
Cam Smith	275	Am Equip	Open	1041.7		534.6	766.1	2342.4		258.8
Connor Boyle	220	Pro Equip	Open	903.9		534.6	771.6	2210.1		202.8
Doug Riley	220	Pro Equip	Open	937		573.2	628.3	2138.5		214.2
INDICATES AN IPA WORLD RECORD										

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MEN'S DIVISIONS - PRO EQUIPPED FULL POWER CONTINUED										
Daniel Tinajero	242	Pro Equip	Open	1102.3		782.6	782.6	2667.5		236.3
Bobby Hume	242	Pro Equip	Open	1102.3		766.1	755.1	2623.5		240.9
Bob Merkh	242	Pro Equip	Open	1102.3		705.5	611.8	2419.6		241.1
Patrick Warren	275	Pro Equip	Open	1201.5		749.6	760.6	2711.7		271.6
Robert Bain	275	Pro Equip	Open	1201.5		622.8	683.4	2507.7		260.5
Donnie Ross	275	Pro Equip	Open	1008.6		661.4	633.8	2303.8		258.3
Julian Alessi	275	Pro Equip	Open	964.5		655.9	606.3	2226.7		263
Tony Carlino	308	Pro Equip	Open	1003.1		1003.1	606.3	2612.5		286.3
Andrew Pfefferle	308	Pro Equip	Open	1190.5		132.3	132.3	1455		300.2
Rodney Woodward	SHW	Pro Equip	Open	1234.6		600.8	727.5	2562.9		364.6
Chad Robinson	SHW	Pro Equip	Open	970		716.5	744.1	2430.6		318.1
MEN'S DIVISIONS - PUSH/PULL ONLY										
Austin Mennen	275	Pro Equip	Open			644.5	760.6	1405.1		272
INDICATES AN IPA WORLD RECORD										