

2026 IPA CINCINNATI WOMEN'S PRO/AM POWERLIFTING

PRO DAY RESULTS

APRIL 12, 2026

CINCINNATI, OHIO

NAME	WT. CLASS	BWT LBS.	DIVISION	SUBDIVISION	SQUAT	4th	BENCH	4th	DEAD	4th	TOTAL	4th	AGE
WOMEN'S LIGHTWEIGHT FULL POWER													
Jenna Odziana	Lightweight	134.6	Pro Equip	Overall	670		385		515		1570		31
Robyn Schmidt	Lightweight	130.74	Pro Equip	Overall	600		335		430		1365		38
Lisa Macdonald	Lightweight	130.9	Pro Equip	Overall	635	670	275		440		1350	1385	38
Julene Hurley	Lightweight	141.3	Pro Equip	Overall	595		300		465		1360		52
Jocelyne Nevarez	Lightweight	122	Pro Equip	Overall	500		310	320	370		1180	1190	30
Maura Gay	Lightweight	147.6	Pro Equip	Overall	600		270		430		1300		34
Krissy Camisa	Lightweight	163.8	Pro Equip	Overall	605		275		465		1345		40
Nicole Mason	Lightweight	123.18	Pro Equip	Overall	465		240		375		1080		38
Amelia Volkert	Lightweight	131.4	Pro Equip	Overall	425		310		385		1120		31
Megan Haymaker	Lightweight	161.4	Pro Equip	Overall	570		295		400		1265		30
Andrea Villalobos	Lightweight	134.9	Pro Equip	Overall	470		230		400		1100		34
Tommye Arnold	Lightweight	145.92	Pro Equip	Overall	430		205		430		1065		61
Stephanie Owusu	Lightweight	156.39	Pro Equip	Overall	430		230		450		1110		36
Sharon Smolkin	Lightweight	161	Pro Equip	Overall	415		265		340		1020		26
Stephanie Marsh	Lightweight	153.3	Pro Equip	Overall	405		0		400		805		45
Courtney Yopp	Lightweight	130.69	Pro Raw	Overall	435		235		465		1135		36
Heidi Howar	Lightweight	161.8	Pro Raw	Overall	500		270		490		1260		37
Inna Zubyk	Lightweight	164.5	Pro Raw	Overall	500		235		495		1230		35
Barbara Lee	Lightweight	164.63	Pro Raw	Overall	450		255		525		1230		44
Ellen Stein	Lightweight	130.21	Pro Raw	Overall	385		210		425		1020		73
Jessica Slivinski	Lightweight	161.28	Pro Raw	Overall	480		250		460		1190		35
Laura Lewis	Lightweight	146.25	Pro Raw	Overall	360	370	205	210	450	460	1015	1040	41
Amanda Gallo	Lightweight	145.68	Pro Raw	Overall	345		225		405		975		32
Madelyn Dunn	Lightweight	150.95	Pro Raw	Overall	375		235		375		985		24
Dominika Wielgus	Lightweight	156.43	Pro Raw	Overall	385		225		375		985		34
Kristie Esch	Lightweight	111.8	Pro Raw	Overall	285		155		305		745		40
INDICATES AN IPA WORLD RECORD													

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NAME	WT. CLASS	BWT LBS.	DIVISION	SUBDIVISION	SQUAT	4th	BENCH	4th	DEAD	4th	TOTAL	4th	AGE
WOMEN'S HEAVYWEIGHT FULL POWER													
Lanie Saroli	Lightweight	163.6	Pro Raw	Overall	365		185		380		930		25
Bianca Liberatore	Lightweight	132.5	Pro Raw	Overall	275		205		305		785		34
Amanda Seas	Lightweight	122.56	Pro Raw	Overall	225		255		225		705		33
Rebecca Roberts	Heavyweight	171.53	Pro Equip	Overall	660		450		565		1675		48
Lily Starobin	Heavyweight	173.89	Pro Equip	Overall	620		400		510		1530		37
Mackenzie Tomasik	Heavyweight	301.5	Pro Equip	Overall	795		450		505		1750		33
Denise Laconte	Heavyweight	178.56	Pro Equip	Overall	615		405		425		1445		36
Tara Duncan	Heavyweight	241.09	Pro Equip	Overall	670		395		445		1510		39
Belinda Clary	Heavyweight	171.1	Pro Equip	Overall	525		325		400		1250		50
Sheena Reed	Heavyweight	348.93	Pro Equip	Overall	800		275		515		1590		33
Laura Hartson	Heavyweight	192.3	Pro Equip	Overall	550		400		350		1300		34
Jamie Rodgers	Heavyweight	241.55	Pro Equip	Overall	630		0		0		630		30
Alex Donald	Heavyweight	211.18	Pro Raw	Overall	580		305		600		1485		35
Taylor Schaeffer	Heavyweight	185.4	Pro Raw	Overall	520		290		530		1340		32
Kaycee King	Heavyweight	192.12	Pro Raw	Overall	535		285		500		1320		29
Megan Estrada Zink	Heavyweight	178.5	Pro Raw	Overall	430		275		440		1145		31
Stephanie Drake	Heavyweight	240.34	Pro Raw	Overall	550		275		475		1300		45
Paige Davis	Heavyweight	178.94	Pro Raw	Overall	445		260		425		1130		40
Maddie Burke	Heavyweight	230.78	Pro Raw	Overall	500		280		470		1250		34
Juliana Nailen	Heavyweight	205.41	Pro Raw	Overall	455		255		435		1145		34
Kelly Alves	Heavyweight	284.33	Pro Raw	Overall	465		265		510		1240		27
Leslie Naumann	Heavyweight	265.5	Pro Raw	Overall	445		305		450		1200		44
Jessica Harlow	Heavyweight	185.29	Pro Raw	Overall	410		200		390		1000		37
Mars Sickles	Heavyweight	268.88	Pro Raw	Overall	375		230		475		1080		31
Holly Torrez	Heavyweight	170.8	Pro Raw	Overall	285		170		370		825		35
INDICATES AN IPA WORLD RECORD													

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NAME	WT. CLASS	BWT LBS.	DIVISION	SUBDIVISION	SQUAT	4th	BENCH	4th	DEAD	4th	TOTAL	4th	AGE
WOMEN'S ALL FULL POWER - BEST LIFTERS													
Amelia Volkert	All	131.4	Am Equip	Best Lifter	425		310		385		1120		31
Sheena Reed	All	348.93	Am Equip	Best Lifter	800		275		515		1590		33
Stephanie Marsh	All	153.3	Am Equip	Best Lifter	405		0		400		805		45
Jenna Odziana	All	134.6	Pro Equip	Best Lifter	670		385		515		1570		31
Rebecca Roberts	All	171.53	Pro Equip	Best Lifter	660		450		565		1675		48
Robyn Schmidt	All	130.74	Pro Equip	Best Lifter	600		335		430		1365		38
Lisa Macdonald	All	130.9	Pro Equip	Best Lifter	635	670	275		440		1350	1385	38
Julene Hurley	All	141.3	Pro Equip	Best Lifter	595		300		465		1360		52
Jocelyne Nevarez	All	122	Pro Equip	Best Lifter	500		310	320	370		1180	1190	30
Lily Starobin	All	173.89	Pro Equip	Best Lifter	620		400		510		1530		37
Maura Gay	All	147.6	Pro Equip	Best Lifter	600		270		430		1300		34
Mackenzie Tomasik	All	301.5	Pro Equip	Best Lifter	795		450		505		1750		33
Denise laconte	All	178.56	Pro Equip	Best Lifter	615		405		425		1445		36
Krissy Camisa	All	163.8	Pro Equip	Best Lifter	605		275		465		1345		40
Nicole Mason	All	123.18	Pro Equip	Best Lifter	465		240		375		1080		38
Megan Haymaker	All	161.4	Pro Equip	Best Lifter	570		295		400		1265		30
Andrea Villalobos	All	134.9	Pro Equip	Best Lifter	470		230		400		1100		34
Tara Duncan	All	241.09	Pro Equip	Best Lifter	670		395		445		1510		39
Belinda Clary	All	171.1	Pro Equip	Best Lifter	525		325		400		1250		50
Laura Hartson	All	192.3	Pro Equip	Best Lifter	550		400		350		1300		34
Tommye Arnold	All	145.92	Pro Equip	Best Lifter	430		205		430		1065		61
Stephanie Owusu	All	156.39	Pro Equip	Best Lifter	430		230		450		1110		36
Sharon Smolkin	All	161	Pro Equip	Best Lifter	415		265		340		1020		26
Jamie Rodgers	All	241.55	Pro Equip	Best Lifter	630		0		0		630		30
INDICATES AN IPA WORLD RECORD													

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WOMEN'S ALL FULL POWER - BEST LIFTERS CONTINUED:													
Laura Lewis	All	146.25	Am Raw	Best Lifter	360	370	205	210	450	460	1015	1040	41
Amanda Gallo	All	145.68	Am Raw	Best Lifter	345		225		405		975		32
Madelyn Dunn	All	150.95	Am Raw	Best Lifter	375		235		375		985		24
Dominika Wielgus	All	156.43	Am Raw	Best Lifter	385		225		375		985		34
Lanie Saroli	All	163.6	Am Raw	Best Lifter	365		185		380		930		25
Courtney Yopp	All	130.69	Pro Raw	Best Lifter	435		235		465		1135		36
Alex Donald	All	211.18	Pro Raw	Best Lifter	580		305		600		1485		35
Heidi Howar	All	161.8	Pro Raw	Best Lifter	500		270		490		1260		37
Taylor Schaeffer	All	185.4	Pro Raw	Best Lifter	520		290		530		1340		32
Inna Zubyk	All	164.5	Pro Raw	Best Lifter	500		235		495		1230		35
Barbara Lee	All	164.63	Pro Raw	Best Lifter	450		255		525		1230		44
Ellen Stein	All	130.21	Pro Raw	Best Lifter	385		210		425		1020		73
Jessica Slivinski	All	161.28	Pro Raw	Best Lifter	480		250		460		1190		35
Kaycee King	All	192.12	Pro Raw	Best Lifter	535		285		500		1320		29
Megan Estrada Zink	All	178.5	Pro Raw	Best Lifter	430		275		440		1145		31
Stephanie Drake	All	240.34	Pro Raw	Best Lifter	550		275		475		1300		45
Paige Davis	All	178.94	Pro Raw	Best Lifter	445		260		425		1130		40
Maddie Burke	All	230.78	Pro Raw	Best Lifter	500		280		470		1250		34
Juliana Nailen	All	205.41	Pro Raw	Best Lifter	455		255		435		1145		34
Kristie Esch	All	111.8	Pro Raw	Best Lifter	285		155		305		745		40
Kelly Alves	All	284.33	Pro Raw	Best Lifter	465		265		510		1240		27
Leslie Naumann	All	265.5	Pro Raw	Best Lifter	445		305		450		1200		44
Jessica Harlow	All	185.29	Pro Raw	Best Lifter	410		200		390		1000		37
Bianca Liberatore	All	132.5	Pro Raw	Best Lifter	275		205		305		785		34
Amanda Seas	All	122.56	Pro Raw	Best Lifter	225		255		225		705		33
Mars Sickles	All	268.88	Pro Raw	Best Lifter	375		230		475		1080		31
Holly Torrez	All	170.8	Pro Raw	Best Lifter	285		170		370		825		35
INDICATES AN IPA WORLD RECORD													

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NAME	WT. CLASS	BWT LBS.	DIVISION	SUBDIVISION	SQUAT	4th	BENCH	4th	DEAD	4th	TOTAL	4th	AGE
AMATEUR EQUIPPED WOMEN'S FULL POWER													
Amelia Volkert	132.25lbs (60kg)	131.4	Am Equip	Open	425		310		385		1120		31
Sheena Reed	308.5lbs+ (140kg+)	348.93	Am Equip	Open	800		275		515		1590		33
PRO EQUIPPED WOMEN'S FULL POWER													
Jocelyne Nevarez	123.25lbs (56kg)	122	Pro Equip	Open	500		310	320	370		1180	1190	30
Nicole Mason	123.25lbs (56kg)	123.18	Pro Equip	Open	465		240		375		1080		38
Robyn Schmidt	132.25lbs (60kg)	130.74	Pro Equip	Open	600		335		430		1365		38
Lisa Macdonald	132.25lbs (60kg)	130.9	Pro Equip	Open	635	670	275		440		1350	1385	38
Jenna Odziana	148.75lbs (67.5kg)	134.6	Pro Equip	Open	670		385		515		1570		31
Julene Hurley	148.75lbs (67.5kg)	141.3	Pro Equip	Open	595		300		465		1360		52
Maura Gay	148.75lbs (67.5kg)	147.6	Pro Equip	Open	600		270		430		1300		34
Andrea Villalobos	148.75lbs (67.5kg)	134.9	Pro Equip	Open	470		230		400		1100		34
Krissy Camisa	165.25lbs (75kg)	163.8	Pro Equip	Open	605		275		465		1345		40
Megan Haymaker	165.25lbs (75kg)	161.4	Pro Equip	Open	570		295		400		1265		30
Sharon Smolkin	165.25lbs (75kg)	161	Pro Equip	Open	415		265		340		1020		26
Rebecca Roberts	181.75lbs (82.5kg)	171.53	Pro Equip	Open	660		450		565		1675		48
Lily Starobin	181.75lbs (82.5kg)	173.89	Pro Equip	Open	620		400		510		1530		37
Denise laconte	181.75lbs (82.5kg)	178.56	Pro Equip	Open	615		405		425		1445		36
Belinda Clary	181.75lbs (82.5kg)	171.1	Pro Equip	Open	525		325		400		1250		50
Laura Hartson	198.25lbs (90kg)	192.3	Pro Equip	Open	550		400		350		1300		34
Tara Duncan	242.50lbs (110kg)	241.09	Pro Equip	Open	670		395		445		1510		39
Jamie Rodgers	242.50lbs (110kg)	241.55	Pro Equip	Open	630		0		0		630		30
Mackenzie Tomasik	308.5lbs (140kg)	301.5	Pro Equip	Open	795		450		505		1750		33
Nicole Mason	123.25lbs (56kg)	123.18	Pro Equip	Sub-Master (33-39)	465		240		375		1080		38
Belinda Clary	181.75lbs (82.5kg)	171.1	Pro Equip	Master (50-54)	525		325		400		1250		50
Tommye Arnold	148.75lbs (67.5kg)	145.92	Pro Equip	Master (60-64)	430		205		430		1065		61
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NAME	WT. CLASS	BWT LBS.	DIVISION	SUBDIVISION	SQUAT	4th	BENCH	4th	DEAD	4th	TOTAL	4th	AGE
AMATEUR RAW WOMEN'S FULL POWER													
Laura Lewis	148.75lbs (67.5kg)	146.25	Am Raw	Open	360	370	205	210	450	460	1015	1040	41
Amanda Gallo	148.75lbs (67.5kg)	145.68	Am Raw	Open	345		225		405		975		32
Madelyn Dunn	165.25lbs (75kg)	150.95	Am Raw	Open	375		235		375		985		24
Dominika Wielgus	165.25lbs (75kg)	156.43	Am Raw	Open	385		225		375		985		34
Lanie Saroli	165.25lbs (75kg)	163.6	Am Raw	Open	365		185		380		930		25
Laura Lewis	148.75lbs (67.5kg)	146.25	Am Raw	Master (40-44)	360	370	205	210	450	460	1015	1040	41
PRO RAW WOMEN'S FULL POWER													
Kristie Esch	114.50lbs (52kg)	111.8	Pro Raw	Open	285		155		305		745		40
Amanda Seas	123.25lbs (56kg)	122.56	Pro Raw	Open	225		255		225		705		33
Courtney Yopp	132.25lbs (60kg)	130.69	Pro Raw	Open	435		235		465		1135		36
Ellen Stein	132.25lbs (60kg)	130.21	Pro Raw	Open	385		210		425		1020		73
Bianca Liberatore	148.75lbs (67.5kg)	132.5	Pro Raw	Open	275		205		305		785		34
Heidi Howar	165.25lbs (75kg)	161.8	Pro Raw	Open	500		270		490		1260		37
Inna Zubyk	165.25lbs (75kg)	164.5	Pro Raw	Open	500		235		495		1230		35
Barbara Lee	165.25lbs (75kg)	164.63	Pro Raw	Open	450		255		525		1230		44
Jessica Slivinski	165.25lbs (75kg)	161.28	Pro Raw	Open	480		250		460		1190		35
Megan Estrada Zink	181.75lbs (82.5kg)	178.5	Pro Raw	Open	430		275		440		1145		31
Paige Davis	181.75lbs (82.5kg)	178.94	Pro Raw	Open	445		260		425		1130		40
Holly Torrez	181.75lbs (82.5kg)	170.8	Pro Raw	Open	285		170		370		825		35
Taylor Schaeffer	198.25lbs (90kg)	185.4	Pro Raw	Open	520		290		530		1340		32
Kaycee King	198.25lbs (90kg)	192.12	Pro Raw	Open	535		285		500		1320		29
Jessica Harlow	198.25lbs (90kg)	185.29	Pro Raw	Open	410		200		390		1000		37
Alex Donald	220.25lbs (100kg)	211.18	Pro Raw	Open	580		305		600		1485		35
Juliana Nailen	220.25lbs (100kg)	205.41	Pro Raw	Open	455		255		435		1145		34
Stephanie Drake	242.50lbs (110kg)	240.34	Pro Raw	Open	550		275		475		1300		45
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PRO RAW WOMEN'S FULL POWER CONTINUED:													
Maddie Burke	242.50lbs (110kg)	230.78	Pro Raw	Open	500		280		470		1250		34
Leslie Naumann	275.50lbs (125kg)	265.5	Pro Raw	Open	445		305		450		1200		44
Mars Sickles	275.50lbs (125kg)	268.88	Pro Raw	Open	375		230		475		1080		31
Kelly Alves	308.5lbs (140kg)	284.33	Pro Raw	Open	465		265		510		1240		27
Inna Zubyk	165.25lbs (75kg)	164.5	Pro Raw	Sub-Master (33-39)	500		235		495		1230		35
Jessica Slivinski	165.25lbs (75kg)	161.28	Pro Raw	Sub-Master (33-39)	480		250		460		1190		35
Holly Torrez	181.75lbs (82.5kg)	170.8	Pro Raw	Sub-Master (33-39)	285		170		370		825		35
Kristie Esch	114.50lbs (52kg)	111.8	Pro Raw	Master (40-44)	285		155		305		745		40
Paige Davis	181.75lbs (82.5kg)	178.94	Pro Raw	Master (40-44)	445		260		425		1130		40
Leslie Naumann	275.50lbs (125kg)	265.5	Pro Raw	Master (40-44)	445		305		450		1200		44
Barbara Lee	165.25lbs (75kg)	164.63	Pro Raw	Master (45-49)	450		255		525		1230		44
Stephanie Drake	242.50lbs (110kg)	240.34	Pro Raw	Master (45-49)	550		275		475		1300		45
Ellen Stein	132.25lbs (60kg)	130.21	Pro Raw	Master (70-74)	385		210		425		1020		73
WOMEN'S DIVISIONS - BENCH ONLY													
Laura Niedermayer	148.75lbs (67.5kg)	144.86	Pro Raw	Master (40-44)			240		0		240		40
WOMEN'S DIVISIONS - PUSH/PULL ONLY													
Cosette Neely	114.50lbs (52kg)	107	Pro Equip	Pro Open			305		325		630		48
Sara Eichstaedt	181.75lbs (82.5kg)	178.2	Pro Equip	Pro Open			330		490		820		52
Kaycee Galitz	308.5lbs (140kg)	278.56	Pro Equip	Pro Open			0		500		500		33
Sarah Buckley	181.75lbs (82.5kg)	173.7	Pro Raw	Open			225		415		640		37
Stephanie Marsh	165.25lbs (75kg)	153.3	Am Equip	Master (45-49)			0		400		400		45
Jessie Jackson	220.25lbs (100kg)	219.1	Pro Equip	Master (45-49)			275		410		685		49
INDICATES AN IPA WORLD RECORD													