2026 IPA POWER PLANT SHOWDOWN
OCTOBER 10, 2026
CODE 3 HEALTH FITNESS
POCA, WEST VIRGINIA

NAME	WT. CLASS	EQUIPMENT	DIVISION	SUBDIVISION	SQUAT	4th SQUAT	BENCH	4th BENCH	DEAD	TOTAL	4th TOTAL	BWT	AGE
WOMEN'S DIVISIONS - FULL POWER													
Sarah Neff	165	Wraps	Raw Amateur	Open	303.1		181.9		380.3	865.3		164.7	32
Megan Shaffer	220	Sleeves	Raw Amateur	Sub-Master (33-39)	352.7		176.4		352.7	881.8		213.6	38
Melissa Young	181	Sleeves	Raw Amateur	Master (45-49)	264.6		165.3		237	666.9		175.9	47
Annie Norrod	198	Sleeves	Raw Amateur	Master (60-64)	253.5	275.6	187.4	203.9	259	700	738.5	196.9	62
Frankie Arthur	114	Sleeves	Raw Professional	Open	226		143.3		248	617.3		106	28
Maria Guijosa	198	Sleeves	Raw Professional	Open	275.6		115.7		275.6	666.9		185.2	26
WOMEN'S DIVISIONS - BENCH/DEADLIFT													
Annie Norrod	198	Sleeves	Raw Amateur	Master (60-64)			187.4	203.9	259	446.4	462.9	196.9	62
MEN'S DIVISIONS - FULL POWER													
Brooks Stevens	181	Sleeves	Raw Amateur	Teenage (18-19)	490.5		319.7		540.1	1350.3		179.7	18
Jonah Adkins	181	Sleeves	Raw Amateur	Teenage (18-19)	407.9		253.5		551.2	1212.5		173.5	18
Nathan Price	220	Sleeves	Raw Amateur	Junior (20-23)	534.6		308.6		700	1543.2		212.1	23
Andrew Baria	220	Wraps	Raw Amateur	Junior (20-23)	562.2		402.3		556.7	1521.2		217.6	21
DJ Stewart	198	Sleeves	Raw Amateur	Open	606.3		413.4		600.8	1620.4		198.2	29
Sean Dunn	198	Raw	Raw Amateur	Open	352.7		253.5		363.8	970		185.4	43
Colton Tackett	220	Sleeves	Raw Amateur	Open	562.2		352.7		551.2	1466.1		220.2	24
Trae Bare	220	Sleeves	Raw Amateur	Open	220.5		226		418.9	865.3		202.6	26
Deyontae Richardson	242	Wraps	Raw Amateur	Open	501.6		281.1		523.6	1306.2		236.1	32
Matt Alderman	242	Sleeves	Raw Amateur	Open	424.4		336.2		451.9	1212.5		220.9	27
Cody Rogers	275	Sleeves	Raw Amateur	Open	479.5		325.2		551.2	1355.8		248.9	28
Chase Riggs	275	Sleeves	Raw Professional	Teenage (18-19)	474		275.6		485	1234.6		256.4	19
Marshall Casto	220	Wraps	Raw Professional	Open	226		286.6		330.7	843.3		220	42
Josh Withrow	308	Wraps	Raw Professional	Open	683.4		474		777.1	1934.6		277.6	29
Chris Carter	SHW	Sleeves	Raw Professional	Open	804.7		518.1		711	2033.8		371.9	34
Darin Carney	220	Wraps	Raw Professional	Master (55-59)	435.4		319.7		385.8	1140.9		200.8	55

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MEN'S DIVISIONS - BENCH ONLY													
Chuck Smalkowski	242	Raw	Raw Amateur	Master (70-74)			330.7	336.2		330.7	336.2	242.1	72
Dylan Adkins	275	Unlimited	Equipped Amateur	Teen (16-17)			424.4	440.9		424.4	440.9	256.2	17
Adam Chaney	242	Raw	Raw Professional	Open			418.9			418.9		239	41
Jess Bailes	275	Raw	Raw Professional	Open			336.2			336.2		246.7	62
Jonathan Clark	308	Raw	Raw Professional	Open			418.9			418.9		308.4	41
Travis Bailes	242	Raw	Raw Professional	Submaster (33-39)			270.1			270.1		240.7	37
Adam Chaney	242	Raw	Raw Professional	Master (40-44)			418.9			418.9		239	41
Jonathan Clark	308	Raw	Raw Professional	Master (40-44)			418.9			418.9		308.4	41
Allen Lude	242	Raw	Raw Professional	Master (45-49)			402.3			402.3		239	49
Jess Bailes	275	Raw	Raw Professional	Master (60-64)			336.2			336.2		246.7	62
Tim Dickson	181	Raw	Raw Professional	Master (70-74)			220.5			220.5		176.8	70
MEN'S DIVISIONS - BENCH/DEADLIFT ONLY													
Deyontae Richardson	242	Wraps	Raw Amateur	Open			281.1		523.6	804.7		236.1	32
Chuck Smalkowski	242	Raw	Raw Amateur	Master (70-74)			330.7	336.2	407.9	738.5	744.1	242.1	72
Dakota Pruitt	275	Raw	Raw Professional	Open			418.9		562.2	981.1		275.4	33
Jonathan Clark	308	Raw	Raw Professional	Open			418.9		622.8	1041.7		308.4	41
Dakota Pruitt	275	Raw	Raw Professional	Submaster (33-39)			418.9		562.2	981.1		275.4	33
Jonathan Clark	308	Raw	Raw Professional	Master (40-44)			418.9		622.8	1041.7		308.4	41
Eric Berger	181	Unlimited	Equipped Pro	Open			512.6		435.4	948		181.7	57
Eric Berger	181	Unlimited	Equipped Pro	Master (55-59)			512.6		435.4	948		181.7	57
MEN'S DIVISIONS - SQUAT/DEADLIFT ONLY													
Jacob Ingram	275	Sleeves	Raw Professional	Junior (20-23)	584.2		0		573.2	1157.4		275.5	21
MEN'S DIVISIONS - DEADLIFT ONLY													
Deyontae Richardson	242	Wraps	Raw Amateur	Open					523.6	523.6		236.1	32
Robert Gregory	165	Single-Ply	Equipped Amateur	Master (55-59)					501.6	501.6		164.9	55
Jacob Ingram	275	Raw	Raw Professional	Junior (20-23)					573.2	573.2		275.5	21

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